

Triad Intergroup Bylaws – 12/20/2024

BYLAWS of the TRIAD NORTH CAROLINA INTERGROUP OF OVEREATERS ANONYMOUS

DATE REVISED 12/20/2024

ARTICLE I – NAME

The name of this organization shall be the Triad Intergroup.

ARTICLE II - PURPOSE

The primary purpose of this Intergroup is to carry the Overeaters Anonymous message of recovery through the service to member groups and to foster the practice of the Twelve Steps, Twelve Traditions and Twelve Concepts as stated in OA, Inc. Bylaws, Subpart B, Articles I, II and III.

ARTICLE III - MEMBERS

Section 1 – Membership

Membership of the Intergroup (IG) with voice and vote includes the following:

- A) The Intergroup Board Members or officers.
- B) Intergroup Representatives (IRs), which consist of one member from each group.
- C) World Service Business Conference Delegates and Region Representatives.
- D) Committee Chairs.
- E) No member shall have more than one (1) vote.

Section 2 – Qualifications

Qualifications for membership in the Intergroup:

- A) Groups registered with the World Service Office (WSO) and wishing to belong to the Intergroup may be members. An OA group is defined as the following:
 - 1) As a group (including virtual groups, which are fully interactive and meet in real time), they meet together to practice the Twelve Steps and Twelve Traditions of OA.
 - 2) All who have a desire to stop eating compulsively are welcome in the group.
 - 3) No member is required to practice any actions in order to remain a member or to have a voice (share at a meeting).
 - 4) As a group, they have no affiliations other than OA.
- B) No group may be registered with another Intergroup.

Section 3 – Intergroup Representatives

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- A) An Intergroup Representative (IR) will be selected by the group conscience of the group they represent.
- B) The duty of the IR is to represent the group at IG meetings and serve as a contact to carry communications between the IG and the home meeting.

ARTICLE IV – THE INTERGROUP BOARD

Section 1 – The Intergroup Board

- A) The board consists of the following officers: chair, vice chair, treasurer, and secretary.
- B) The Intergroup Board may also include other positions such as the World Service Business Conference Delegates, committee chairs, Regional representatives, or the one-year Ex-officio chair.
- C) Meetings shall be chaired by the chair of the board. In the event the chair is unable to chair any meeting, the vice chair will lead the meeting. In the event the vice chair is not available, the secretary will open the meeting and hold an election for a temporary chair.

Section 2 – Nominations to the Intergroup Board

Nominations to the board may be made from the floor at the time of election. A nominating committee may also be formed, at the discretion of the Intergroup.

Section 3 – Qualifications for the Intergroup Board

To qualify for election to the Intergroup Board, an individual must:

- A) Be working the Twelve Steps, Twelve Traditions and Twelve Concepts of OA Service to the best of their ability.
- B) Be a regular member of an affiliated group.
- C) Board officers must have at least 90 days of current abstinence (each person shall be the sole judge of his or her abstinence) except as specified in items E and F below.
- D) Committee Chairs must have at least 30 days of current abstinence (each person shall be the sole judge of his or her abstinence) except as specified in items E and F below.
- E) World Service Conference Delegates must comply with the abstinence and length of service requirements in the World Service Bylaws, Subpart B, Article X, Section 3c.
 - 1) Current requirements are one year current abstinence and at least two years of service above the group level.
- F) Region Representatives must comply with the abstinence and length of service specified in the Region Eight Bylaws, Article III, Section 3b – Region 8 Representatives.
 - 1) Current requirements are six months current, continuous abstinence as defined by OA.

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Section 4 – Election of Board Members

- A) Nominations may be made from the floor at the time of election.
- B) Nominees must be present at the election meeting. The candidate must receive a majority vote for election.
- C) Voting will be by ballot or by hand at the discretion of the board.
- D) Nominations shall be made in the November meeting of even-numbered years with election to follow in the next meeting (January of an odd-numbered year).

Section 5 – Term of Office

- A) The term of office for a Board Member is 2 years.
- B) Board members may serve no more than two consecutive terms in the same position. A member may serve again after a leave of two years in the position.
- C) Once elected, a Board Member may not serve as a group representative to the Intergroup.

Section 6 – Responsibilities of the Intergroup Board Members

- A) Serve as guardians of the Twelve Steps, Twelve Traditions and Twelve Concepts with respect to the functions of the Intergroup.
- B) Perform the duties of their offices in accordance with Intergroup policies and procedures.
- C) Serve as guardian of Intergroup funds; participate in annual financial audit upon the election of a new treasurer and/or at the beginning of each new term of office.
- D) Provide a forum for the interchange of ideas and information between member groups.

Section 7 – Vacancies and Resignations

- A) If a Board Member is absent from an IG meeting more than half of the regularly scheduled meetings, he/she may be removed from the position by a majority vote of the members.
- B) Any Board Member may resign at any time for any reason by giving the Chair of the Intergroup written notice.
- C) Any Board Member of this Intergroup may be removed from office for due cause by a two-thirds vote of the IRs at a special meeting announced for that purpose.

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Section 8 – Filling of Vacancies

- A) Vacancies shall be filled by a majority vote at the next meeting or special meeting of the Intergroup after the vacancy occurs. Such persons chosen to fill said vacancies shall serve for the remainder of the unexpired term.
- B) A person chosen to fill any vacancy on the board shall meet the qualifications as defined in Article IV, Section 3.

ARTICLE V - MEETINGS

Section 1 – Regular Meetings

The Intergroup will regularly meet at least once every two months, on the second Saturday of odd-numbered months at a time and place designated by a majority of the voting members.

Section 2 – Election Meeting

An Election Meeting shall be held every other year in January of odd-numbered years for the purpose of election of officers.

Section 3 – Special Meetings

A special meeting may be called at any time by a majority vote of the Intergroup Board, or by a petition of one-third of the Intergroup members, by giving notice as prescribed in Article V, Section 4.

Section 4 – Method of Notification

The Intergroup will provide at least two weeks 'notice to each member group.

Section 5 – Quorum

Those voting members present at any meeting of this Intergroup constitute a quorum.

Section 6 – Meeting Procedure

The meeting shall proceed as outlined on the Agenda prepared by the Chair, and may include such readings as:

- A) The Twelve Steps
- B) The Twelve Traditions
- C) The Twelve Concepts
- D) Standing Rules (Appendix A): Motions/Topics for Discussion and Voting During Meetings, which may be adopted
- E) Other meeting protocols offered by the chair, which may be adopted

ARTICLE VI - COMMITTEES

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The board may establish committees as are needed for the welfare and operation of the Intergroup. Each committee is responsible to the Intergroup Board.

ARTICLE VII – PRUDENT RESERVE

The IG Treasurer will maintain a prudent reserve equal to \$200.00.

ARTICLE VIII – PARLIAMENTARY PROCEDURE

The rules contained in the current edition of *Robert's Rules of Order, Newly Revised* may govern this Intergroup.

ARTICLE IX – AMENDMENTS TO THESE BYLAWS

These Bylaws may be amended at any time by a two-thirds vote of the IRs, Committee Chairs and Board Members present at any regular or special meeting of the Intergroup. The proposed amendment must be communicated in writing to each member group at least two months prior to the voting meeting.

ARTICLE X - DISSOLUTION

When this Intergroup ceases operation, and all debts have been paid, all remaining funds shall be distributed to other Overeaters Anonymous service bodies, or the WSO, in accordance with Tradition Six.

ARTICLE XI – SPENDING LIMITS AND APPROVALS

World Service Delegates or (SOAR 8) Region Representatives are subject to the following limits when attending a Business Conference, unless alternative financial arrangements are approved by a majority of the board on a case-by-case basis to ensure representation of the intergroup:

- A. One expense per person per calendar year.
- B. 50% of any expenses for hotel/motel rooms.
- C. Travel costs are reimbursed (flight or road travel to and from the conference).
- D. The registration fee for Business Conferences can be reimbursed. The Intergroup Board may also request a scholarship on behalf of the attendee.
- E. Meals are not included as reimbursable expenses.